International Mobilization and Preparation for ACTion (draft) — Japanese Red Cross Society JAPAN, 24-29 June 2016

	Friday 24 June	Saturday 25 June	Sunday 26 June	Monday 27 June	Tuesday 28June	Wednesday 29June
08:30		Review of Day 1 Key messages on Role of delegate	Review of Day 2 Key messages on Role of delegate	Review of Day 3 Key messages on Role of delegate	Review of Day 4 Key messages on Role of delegate	Review of Day 5 Key messages on Role of delegate
09:00		**#4a - Understanding Alphaland RC National Society – Organization, structure, Activities, S2020 Alignment, SWOT**	**#6 – Understanding Youth and Volunteering**	**#8 – Vulnerability to Resilience:**	**#11 - Alphaland RC SIMEX**	**# 12a –The Fundamental Principles in conflict and their link to security - Safer Access and Neutral Independent Humanitarian Action**
09:30			**#D - Role of a delegate - Working as a Movement –**			
10:00						
10:30		MORNING BREAK	MORNING BREAK	MORNING BREAK	MORNING BREAK	MORNING BREAK
11:00		**#B – Role of a delegate – Security Risks in the field; Security Briefing Alhpaland**	**#Sup2 – Stress awareness and Delegate's Health**	Cont.	SIMEX Cont.	**# 12a – continued** **# 12b - Working in the Alphaland conflict** – Role play (preparation)
11:30						
12:00	Registration	LUNCH		LUNCH		
12:30			LUNCH		LUNCH	LUNCH
13:00	**#1 - Introduction**	**#4b- Ten Conditions of Recognition Stakeholder Exercise**		**#9 - International Humanitarian Law**	SIMEX Cont.	**# 12b - Working in the Alphaland conflict** – Role play
13:30			**#7 Understanding PMER**			
14:00	**#2 -Humanitarian Context: Setting the Scene**					**#13 – WRAP UP**
14:30		**#4c - Understanding Alphaland RC National Society - Development**	**#E - Role of a delegate – Life in a delegation -**			End of the Training Course
15:00	**#3 – WORC**			**#F - Role of delegate – Code of Conduct**		
15:30			**Ethical Dilemmas & Principled Decision Making**	AFTERNOON BREAK		
16:00	AFTERNOON BREAK	**#5 Fundamental Principles & Values**		**#10 – Communications in the Field**		
16:30	**#A – Role of a delegate – Working in a team**		AFTERNOON BREAK		AFTERNOON BREAK	
17:00		AFTERNOON BREAK	**#Sup 1 – IT, theory and practice**		SIMEX Debrief and Derole	
		#C - Role of a delegate – Cultural Sensitivity				
18:00				End of the day		
18:30	End of the day	End of the day	End of the day		End of the day	