



Asia-Pacific Insides

Mental Health and Psychosocial Support during COVID-19

Date: Friday, June 11th

Time: 2:30pm - 4:00pm (Malaysia Time UTC+8)

More than one year after COVID-19 pandemic hit and changed our lives around the world, the implications on mental health and psychological wellbeing are growing. Worrying news around new waves and variants of the virus, the constant fear for ourselves and our loved ones, lockdowns, social distancing and their economic consequences further increase the distress and risk for mental health.

Join us in a conversation with practitioners and front liners in Asia-Pacific to hear more about their experiences on how to cope with the pandemic.



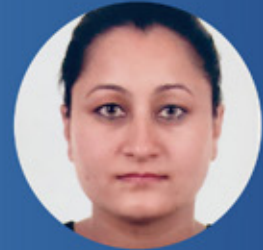
Speakers:



Anne D. Jimenez, RN
Medical Activity Manager
Médecins Sans
Frontières (MSF)



Roshni Basu
Regional Advisor, Adolescents
Development and
Participation
UNICEF EAP Regional Office



Pravina Amatya
Volunteer
Nepal Red Cross Society

Moderator:



Dr. Eliza Cheung
MHPSS Advisor, IFRC



LINK for ZOOM registration:

<https://bit.ly/3wQhYc8>

*If you are seeking help related to Mental Health, please contact your
local health services or Psychosocial Support organizations.*